

*Holy Week*

# Palm Sunday

## A Joyful Entrance

On Palm Sunday, Jesus Christ rides triumphantly into Jerusalem as His followers draw near Him to lay down cloaks and palm fronds in His path. They surround Jesus with love and praise. In return, they no doubt receive the profound spiritual lift that comes from being in Jesus's presence. The people in the crowd probably had life experiences just as varied as ours, but all were able to share equally in the joy that comes when we draw closer to Jesus Christ.

# Palm Sunday

By following Jesus Christ's teachings, you can find pure joy—a feeling of eternal peace and comfort. when we draw closer to Jesus Christ.

## Events

- Prophecy fulfilled
- Triumphal Entry

## Scriptures

- Matt. 21:6-11
- Mark 11:7-11
- Luke 19:35-38
- John 12:12-18

## Hymns & Songs

- All Glory, Laud, and Honor Come
- O Thou King of Kings
- Glory to God on High
- Praise to the Lord, the Almighty
- Guide Us, O Thou Great Jehovah

## Activities

- Find the colt in the yard  
Matt. 21:1-5,  
Mark 11:1-6,  
Luke 19:28-34)
- Paint stones  
Luke 19:40
- Palm Sunday craft

## Food

- Lazarakia bread





Entry of Christ into Jerusalem - Van Dyck





# Lazarakia Bread

*"MyGreekDish.com"*

*Lazarákia are small, sweet spice breads made in Greece and Cyprus by Orthodox Christians on Lazarus Saturday, the Saturday that begins Holy Week. They are eaten to celebrate the miracle of Jesus raising Lazarus from the dead.*

[recipe](#)



# Palm Sunday Craft

*Hang on Door*



# Holy Monday

During Jesus's time in Jerusalem, He visits the temple. There, inside His Father's house, Jesus sees various merchants doing business. To see a place of worship converted into a center of commerce is something that Jesus cannot abide. Speaking with unmistakable authority, He commands them to leave. The cleansing of the temple at Jerusalem was an act of astonishing bravery. We can take courage knowing that Jesus Christ did what He knew to be right, whether it was popular or not.

# Holy Monday

“I can do all things through Christ which strengtheneth me.” —Philippians 4:13

## Events

- Cleansing the Temple
- Teaching in the Temple

## Scriptures

- Matthew 21:12-17,
- Mark 11:15-19

## Hymns & Songs

- High on the Mountain Top
- I Love to See the Temple

## Activities

- Walk the grounds of the temple
- Clean
- Visit the sick (Matt. 21:14)

## Food

- Figs (Matt. 21:18-22, Mark 11:20-26)



# Holy Tuesday

## Timeless Words of Peace

As Jesus Christ continues to teach His followers, one thing becomes clear—Jesus has a deep knowledge and love of the scriptures. Throughout the week, Jesus often quotes the very scriptures He’s fulfilling. For those who listen, prophecies that were by then hundreds of years old become powerful and new. Suddenly, the scriptures don’t seem so ancient. With the help of Jesus Christ, they see that the word of God does not have an expiration date. No matter what era we live in, we can find peace in the powerful parallels between the scriptures and our own lives.

# Holy Tuesday

“Peace I leave with you, my peace I give unto you. ... Let not your heart be troubled, neither let it be afraid.” —John 14:27

## Events

### *Teaching in the Temple:*

- Parables (Two Sons, Wicked Husbandmen, Wedding of the King's Son)
- Taxes
- Marriage
- The Great Commandment
- Hypocrisy
- Widow's mite

*Olivet Discourse: parables (Ten Virgins, Talents, Sheep and Goats)*

## Scriptures

- Matt. 22:34-40
- Mark 12:28-34

## Hymns & Songs

- I'll Go Where You Want Me to Go
- A Poor Wayfaring Man of Grief

## Activities

- Donate clothes, small book or toys (Mark 12:41-44, Luke 21:1-4, Matt. 25:31-46)
- Tell riddles (Matt. 21:23-27, Mark 11:27-33, Luke 20:1-8; Matt. 22:23-33, Mark 12:18-27, Luke 20:27-38; Matt. 22:41-46, Mark 12:35-37, Luke 20:39-44)
- Invite someone to dinner (Matt. 22:1-14)
- Fill and light an oil lamp (Matt. 25:1-13, D&C 45:56-59)

# Holy Wednesday

## Prayers to the Father

The last week of Jesus Christ's mortal ministry is filled with prayer. There are the prayers He offers on behalf of His disciples, filled with timeless words of comfort and guidance. But there are also the prayers that He encourages them to offer on their own. He knows that soon His disciples will be without Him, and so He lets them know the importance of praying, encouraging them to ask their Father in Heaven for the things they'll need to make it through the challenges ahead. Through His words and His example, they learn that when they make the effort to pray to the Father, no matter what happens, they will never be alone.



# Holy Wednesday

#BecauseOfHim, I'm never alone - Jesus told His disciples He would be with them always. He's here for you too. As you draw near to the Father in prayer, you will draw near unto Christ as well.

## Events

- Jesus' actions unknown
- Judas agrees to betray Jesus

## Scriptures

- Matt. 26:14-16
- Mark 14:10-11
- Luke 22:3-6

## Hymns & Songs

- For the Beauty of the Earth
- All Creatures of Our God and King
- How Great Thou Art
- Did You Think to Pray?
- Come, Thou Fount of Every Blessing
- How Firm a Foundation

## Activities

- Walk in the woods
- Turn off electronics, media

# Holy Thursday

## His Sacrifice Begins

Jesus observes the sacred holiday of Passover with His Apostles. He institutes the sacred ordinance of the sacrament, in which His disciples are invited to eat and drink in remembrance of Him. He teaches them of the comforting power of the Holy Ghost. And, knowing that His time with them will soon end, He tells them He loves them. His Apostles have come such a long way since they first encountered Jesus, and yet His words show that He knows their transformation into true disciples is just beginning.

After what is often referred to as the Last Supper, Jesus bids His Apostles to follow Him through the night to a quiet garden named Gethsemane. Despite their Master asking them to stay awake with Him, the exhausted disciples fall asleep. Alone, Jesus begins to pray and is soon overcome with an incomprehensible agony. There in the Garden, He begins the process of taking upon Himself the sins of the world. It is the beginning of an act of sacrifice that will reach its ultimate conclusion the next day on the cross at Golgotha.

The pain Jesus feels is all-encompassing. And yet it is dwarfed by the vastness of His love. For His Father. For His disciples. For us. For you. As the Apostles sleep, Jesus Christ makes it possible for them to find a new kind of rest for their souls. Because of Him, they can leave their past mistakes behind and grow into the disciples God always meant for them to become.

# Holy Thursday

#BecauseOfHim, I can change - It's never too late to change. Jesus's sacrifice means that you can leave your past behind. Jesus doesn't expect us to achieve perfection in this life, but He does want to help us improve bit by bit, day by day. Take a moment right now to write down something in your life that you want to change.

## Events

- The Last Supper (Seder)
- Jesus washes the disciples' feet
- Gethsemane
- Betrayal and arrest Jesus before the Jewish Authorities

## Scriptures

- John 13-17

## Activities

- Do act of service for someone
- Draw a picture of a lamb
- Share testimony of Jesus

## Talks

Lord, Is It I?

## Hymns & Songs

- Love One Another
- I Need Thee Every Hour
- Nearer, Dear Savior, to Thee
- Nearer, My God, to Thee
- Be Still, My Soul
- Where Can I Turn for Peace?
- Abide with Me! Abide with Me; 'Tis Eventide

## Food

- Lamb
- unleavened bread
- bitter herbs (onions)
- haroset fruit salad
- olives
- eggs
- grape juice





# Unleavened Bread

*Oh Sweet Basil*

[recipe](#)



J. Kirk Richards, "Greatest in the Kingdom"

# Good Friday

## Final Words of Forgiveness

In the early hours of the morning, Jesus is betrayed into the hands of the local authorities. After a series of one-sided trials, He is sentenced to death by crucifixion. Roman soldiers mock and scourge Him and nail Him to the cross. But instead of condemning them, Jesus Christ begs His Father to “forgive them; for they know not what they do” (Luke 23:34). Even now, in His darkest moment, Jesus speaks of love and redemption. With His dying breath, Jesus addresses His Father. “It is finished” (John 19:30). Then, Jesus Christ dies. An unlikely elegy comes from a Roman centurion: “Truly this was the Son of God” (Matthew 27:54). The realization is just as awe-inspiring today as it was then.



# Good Friday

#BecauseOfHim, I can forgive - Jesus forgives. Even on the cross, He asked God to forgive His tormentors. His example can give you the strength to forgive too. It's not always easy to forgive. But with Jesus, you can move forward.

## Events

- Jesus in the hands of the Romans
- Crucifixion
- Burial

## Scriptures

- Matt 26:57-72
- Matt 27:1-2, 27-37
- Luke 23: 44-46, 50-56

## Hymns & Songs

- The Old, Rugged Cross
- Upon the Cross of Calvary
- He Died! The Great Redeemer Died
- O Savior, Thou Who Wearest a Crown
- How Great the Wisdom and the Love

## Activities

- Watch The Lion, The Witch, and the Wardrobe

## Talks

Sunday Will Come

## Food

- Hot cross buns

# Easter Eve

## Hope through the Darkness

It's hard to imagine the anguish Jesus Christ's followers must have felt on the day after His death. The night before, His body was lovingly prepared and placed in a garden tomb. Today, they are left to figure out how life can possibly go on without Him. Almost certainly His death had taken something from them, but what they had lost was no match compared to all that His life had given. Whether they understood it or not, Jesus Christ had forged a new path forward for all who would follow Him, one lit by a hope that shines brighter than any darkness we may encounter.

# Easter Eve

Life is hard. But because of Jesus, there is always hope for the future.

## Events

- Liberate the Captives

## Scriptures

- Matt. 21:6-11
- Mark 11:7-11
- Luke 19:35-38
- John 12:12-18

## Hymns & Songs

- The Lord is My Shepherd
- For All the Saints
- Faith of our Fathers
- The Lord is My Light
- Jesus, Lover, of My Soul
- Jesus, Savior, Pilot Me

## Activities

- Fly kites
- Family history
- Visit gravesite of loved ones

## Talks

Sunday Will Come



# Easter Sunday

## To Live Again

Early in the morning, Mary Magdalene, a friend and follower of Jesus, comes to the tomb to care for Jesus Christ's body. To her astonishment, she finds the tomb empty. But she is not alone. A man addresses her – a gardener, she supposes. But then He says her name: "Mary." And she sees. He is Jesus. The Christ lives. The knowledge is too wonderful to contain. Her faith propels her into a joyous sprint as she runs to tell the others. It's a testimony that still propels people today. You can know just as she did that Jesus Christ lives, and because of Him, all will live again. If we follow Christ, we can find true happiness on earth and eternal life in the presence of Jesus Christ and Heavenly Father in the world to come.

# Easter Sunday

#BecauseOfHim, I will live again - Jesus died, but He lived again. Because of Him, you and all your loved ones will live again.

## Events

- Resurrection

## Scriptures

- Matthew 28

## Hymns & Songs

- He Has Risen
- My Redeemer Lives
- I Know That My Redeemer Lives
- That Easter Morn
- He Is Risen!
- Hallelujah Chorus

## Activities

- Easter egg hunt
- Easter baskets

## Food

- Sweet Rolls
- Ham
- Carrot cake
- Cadbury Cookies

## Talks

[The Resurrection of Jesus Christ](#)



Eugene Burnand, "Peter and John Running to the Tomb"





# Carrot Cake

*Laurie's Amazing Carrot Cake*

*A Bountiful Kitchen*

[recipe](#)





# Cadbury Cookies

"The Best Chocolate Chip Cookies"

*Broma*

\*add Cadbury eggs on top

[recipe](#)



# Sweet Rolls

*"The Best Cinnamon Rolls"*

*Mel's Kitchen*

[recipe](#)